

SEX GUESSING GAME

The exercise was developed by by Katica Füredi (KÉPES Alaptívány), and is a version of the well-known game, “Twenty Questions”.



OVERVIEW

This is a quick and entertaining warm-up exercise that helps participants to talk about the topic of sex more openly.

LEARNING CONTEXT

This activity can be done online, offline with social distancing, and offline with physical contact.

DURATION



10 minutes

PARTICIPANTS



Adaptable for 4+ participants

MATERIALS



No materials are required

OBJECTIVES



- A warm-up exercise to prepare to talk about sex
- An entertaining exercise that helps to create group cohesion
- Help the trainer to assess how embarrassed the participants are to talk about the topic of sex

PREPARATION

The trainer writes words connected to sex on Post-its (one word for one Post-it). For example: orgasm, libido, tampon, erection, condom, oral sex, virgin, membrane, testicles...

INSTRUCTIONS STEP BY STEP



1. Tell the participants that it will be a game of Twenty Questions where all the words will be connected to sex. If anybody is not familiar with the rules, summarize it quickly.
2. Give each participant one Post-it, but nobody can see what is on her/his Post-it. Ask them to put it on their forehead. (Online: send a word to every participants in a private chat, it will be his/her partner's word.)
3. Ask participants to get in pairs. (Online: create breakout rooms)
4. Give them 5 minutes to find out their partner's words by asking yes/no questions. If a group finishes sooner, they can listen to another group's game.
5. Sit in a circle and debrief.

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DISCUSSIONS AND DEBRIEFING



Some questions to discuss the exercise are:

- Did you enjoy the exercise?
- Was it easy to find out your word?
- Was it embarrassing to ask questions connected to sex?
- Do you think your young clients would enjoy this game?

TIPS AND HINTS



If your group has an odd number of participants make a group of three, so that participant A asks B, B asks C and C asks A.

THEORY



The game is a version of a well-known game, Twenty Questions.

THIS ACTIVITY ONLINE



The step-by-step instructions include the adaptations needed for an online version.

“Covid has changed everything. Now I know how much I miss all my friends and family far back in my country.”

Jacob, 24, Paris